

DR MAMTA SIDHU: BRIEF CURRICULUM VITAE

QUALIFICATIONS AND PROFESSIONAL REGISTRATIONS

- BA Psychology with Sociology, University of Leicester, UK (2006)
- MSc Forensic Psychology, University of Kent, UK (2008)
- Doctorate in Forensic Psychology, University of Nottingham, UK (2017)
- EMDR Stage 1, Sydney (2019)

Psychologist AHPRA Registered (Australia) PSY0002281317

Forensic Psychologist HCPC Registered (UK) PYL35744

EMPLOYMENT HISTORY

I have worked in a number of clinical settings during my various roles including medium secure units (ward psychologist), prisons, community mental health, and private practice (conducting assessments for the purpose of child care proceedings).

Within these settings I have worked with clients using 1:1 and group interventions. These have included; CBT, MBT, DBT, offence-focused work (specifically SOTP, fire-setting, stalking, violence) and developing collaborative psychological formulations. As part of my roles, I also have experience of completing assessments i.e. violence risk, sexual violence risk, drug & alcohol, personality assessment, cognitive assessments, mental state examination and social history. I have facilitated training with staff on various topics such as personality disorder, DBT skills, Good Lives Model.

In addition to my clinical roles, I have held a number of research and policy roles focused on offender populations as well as other broader areas of psychology such as dementia and psycho-oncology. Furthermore, I have been involved in Serious Adverse Event Reviews, making essential recommendations to services and involved in service development in custodial settings.

PUBLICATIONS AND PRESENTATIONS

Sidhu, M (2018). Exploring intimate partner violence in the relationships of adolescents and young adults. Doctoral Thesis, University of Nottingham.

Sachdev, P.S., Levitan, C., Sidhu, M., Slavin, M., et al. (2013). The Sydney Centenarian Study: Methodology and profile of centenarians and near-centenarians. *International Psychogeriatrics*, 25, 993-1005

Diversion: A better way for mental health. (2009). Sainsbury Centre for Mental Health. Supportive author

Wood, J., Sidhu, M., Kade, C. (2009). What works for offenders and staff: Comparing two multi-agency approaches to offender resettlement. *Psychology, Law & Crime*, 15, 661-678