

MS. ANDREA EFTHYMIU- BRIEF CV

Clinical Psychologist

B.Psych (Hons); M.Psych (Clin); MAPS

Registration Number: PSY0002602568

QUALIFICATIONS AND MEMBERSHIPS

- Masters of Psychology (Clinical), Australian Catholic University
- Bachelor of Psychology (Honours I), University of Sydney
- Registered Psychologist with the Psychology Board of Australia
- Endorsement in Clinical Psychology
- Member of the Australian Psychological Society (APS), Member of the APS Clinical College, and Affiliate Member of the APS Forensic College
- Member of the Australia and New Zealand Association of Psychiatry, Psychology, and Law (ANZAPPL)

EMPLOYMENT HISTORY

I have been employed in multidisciplinary hospital, educational, and private practice settings, with a focus on forensic mental health assessment and comprehensive clinical/psychoeducational assessments. I routinely write forensic reports for pre-sentencing and Section 14 referrals, with training in the actuarial and structured professional judgement approaches to risk assessment. I am also experienced in individual intervention for a variety of clinical and forensic presentations. I have training in Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behaviour Therapy (DBT), and draw from Schema Therapy principles. I also have experience adapting treatment for clients with diverse learning needs and neurodiverse clients, and practice from a trauma-informed lens.

From May 2025 Clinical Psychology Registrar; Aperture Psychology

Clinical Psychology Registrar; LSC Psychology

April 2024- May 2025 Senior Psychologist; Veretis Legal Psychology

Jan 2024- May 2025 Clinical Psychology Registrar; PosAbility Australia

Jan 2024- May 2025 Consultant Psychologist; Woolcock Institute of Medical Research

July 2023- Dec 2023 Provisional Psychologist; Comprehensive Psychological Assessment Centre

Jan 2023- June 2023 Provisional Psychologist; Knox Grammar Senior School

June 2022- Dec 2022 Provisional Psychologist; Mary Aikenhead Clinic

EDUCATIONAL BACKGROUND

I have completed a Masters of Clinical Psychology from the Australian Catholic University and a Bachelor of Psychology (Honours) from the University of Sydney. My undergraduate research focused on the relationship between adaptive and maladaptive perfectionism and burnout. My published postgraduate research investigated the temporal relationship between sleep quality, self-criticism, and self-compassion using an experience-sampling methodology.